Birth Care & Family Health Services

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POSTPARTUM HOME VISIT POLICY

BIRTH CENTER OR HOME DELIVERY

As a convenience to our clients who deliver at home or at the birth center, Birth Care offers one postpartum home visit if you live within our Home Visit territory. The main purpose of this visit is to obtain the heel stick for the newborn metabolic screening, which must be done between 24 and 72 hours after birth. If your baby is born before 37 weeks, the baby <u>must be taken to follow up with a pediatrician in 24-48 hours after birth</u>. The nurse will only be able to check on Mom and do PKU test on baby. The baby will not be checked!!

The home visit will usually take place on the second day. The nurse will arrive anywhere between 7am and 7pm depending on her patient load for that day. The nurse <u>may</u> try to contact you; please do not shut off your phone. If a nurse has not come to your home or contacted you by 7pm on day two, please call.

We will make one attempt to come to your home. If you are not at home or do not answer the door, we will not be able to return - we have to be good stewards of time and mileage for home visits. In that event, we will offer to see you in the office.

HOSPITAL DELIVERY

If you deliver at the hospital, you will not receive a home visit if you are discharged after 24 hours. The newborn screening will be done before discharge. If desired, you may schedule an office visit at one week after delivery.

If we deliver you at the hospital and you choose to leave before 24 hours, you may have a home visit from Birth Care if you live south of Route 30 and are within our home visit region. If you live north of Route 30, the hospital nurse will arrange to visit you.

IF YOU LIVE OUT OF THE AREA

If you live out of the area, you must come to the center for your two day postpartum visit. Please call for an appointment time. If you live outside our service area, you must have a family doctor or pediatrician who will see your baby after your visit at Birth Care and in the event of an emergency. You should check with that provider before delivery to see when he or she wishes to see the baby for the first time. It is also important to locate a lactation consultant in your area if this is your first baby or if you have had difficulty nursing in the past. Please bring the contact information for these providers to your midwife. We need to have this information on your chart by your 36 week visit.

Zip Codes Eligible for Home Birth/Home Visit.

Clients who live in the following zip codes are within area for a home birth/home visit. Clients within these zip codes living in Chester County are NOT eligible for Home Birth but may receive a postpartum home visit.

17302 17314 17501 17505 17509 17512 17516 17518 17519 17520 17522 (must be South of 272/Rothsville Road)

17527 17529 17532 17535 17536 17538 17540 17543 (must be South of 772/Rothsville Road)

17551 17554 17555 (must be South of I 76) 17557 17560 17562 17563 17565 17566 17572 17579 17582 17584 17601 17602 17603 19310

19320 19330 19344 19352 19362 19363 19365 19390